

Advance Health Integrative Medicine
Do You have Low Testosterone Quiz ??

1. Do you have low energy? Yes No
2. Do you have a decrease in strength? Yes No
3. Do you have decrease in muscle mass? Yes No
4. Do you have a hard time gaining muscle? Yes No
5. Do you have less exercise endurance? Yes No
6. Do you have change in body composition/fat? Yes No
7. Are you less of a go getter? Yes No
8. Do you feel excited about life? Yes No
9. Are you more Irritable, grumpy or emotional? Yes No
10. Are you less confident? Yes No
11. Do you have low/lower libido? Yes No
12. Do you have erectile dysfunction? Yes No
13. Do you feel depressed? Yes No
14. Do you have joint or muscle pain? Yes No

*****If you answered YES to 4 or more questions Testosterone Deficiency is probable and you will likely highly benefit from a Functional Medicine Consultation with male hormone assessment and treatment**